





WORKSHOP ALCOHOL AND ITS EFFECTS ON THE BODY, MIND AND SOUL



With Dr. Ahmed Bilal and Julie Delvaux - Say No to Drugs



Thursday 6 July 2023 at 7 PM

Alcohol has become a wide spread addiction and has detrimental effects on the body, mind and soul in various ways. In the body it can be the cause of cancer in different organs, high blood pressure, heart disease, digestive problems, etc.

On the brain it affects the communication pathways. It makes it harder for the brain areas controlling speech, balance, memory

When body and mind are not in sync, with each other it will distance one from God and making it more difficult to leave alcohol.

Holistic healing assists: to reduce the desirability of the substance, strengthen a person's resistance and improve a persons environment

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In cooperation with the association Say no to Drugs

Presentation of the drug prevention program